



Preparing for Surgery (with sedation)

If you are having surgery **requiring sedation:**

- No aspirin, ibuprofen or any product containing aspirin for 2 weeks before surgery unless otherwise instructed by your surgeon.
- Stop coumadin / warfarin or blood thinners according to your surgeon's instruction.
- Some medications may interfere with your anesthesia agents. The anesthetist/anesthesiologist will discuss medications with you in your preoperative instructions. Take only those that have been recommended by the anesthetist/anesthesiologist.
- **DO NOT EAT OR DRINK ANYTHING** after MIDNIGHT, we do suggest drinking plenty of water the day before and a snack before bedtime.
- Bring your medications if your surgeon has given you a prescription.
- If you are the first case of the day, please go to the side door and ring doorbell to alert us you have arrived.
- Report any signs of colds, flu or infections.
- Wear comfortable clothes – button- down shirt and loose fitting pants (no jeans)
- Do not wear jewelry, make-up, lotions or eye contacts.
- Leave valuables at home.
- Review your cosmetic instruction sheet (if applicable).
- Arrange a ride home, please provide their phone number the day of the surgery.
- Arrange for a responsible adult to care of you 24 HOURS after your surgery.
- Have cold packs ready at home if needed for your procedure, sunglasses (eye surgery), scarf (facelift) and a towel to cover your chair (liposuction).

We will call the day before surgery to confirm time and go over your instructions.

We do suggest you **call 30 minutes before arriving** to make sure we are running on time.

Because surgeries can take less or more time than scheduled, please be flexible with your schedule and allow for changes that day.